

### WALK DESCRIPTION FOR NEWSLETTER

<b>Date:</b>				<b>Location:</b>	
<b>Type:</b>	(Please use Walk Legend)	<b>Alt/s:</b>		<b>Contact:</b>	(Name and telephone no)
<b>Description:</b>					
(This could include such general information as expected scenery, lookouts, approximate walking time, flora/fauna and cultural/historical significances.)					

- ❖ **Approx. return drive dist. (km):** .....
- ❖ **Closing Date for Nominations:** .....  
(If more than 5 days before Walk)
- ❖ **Tick the box if you only want members to participate**

#### WALK LEGEND

##### TYPE OF WALK

<b>D/W</b>	Day Walk	<b>T/W</b>	Through Walk or Car Shuttle required	<b>O/N</b>	Overnighter
<b>H/W</b>	Half-day Walk	<b>4WD</b>	Access by 4WD only	<b>X/T</b>	Extended Trip
<b>B/C</b>	Base Camp	<b>N/F</b>	No Facilities-no water, showers, or toilets	<b>TRN</b>	Training
				<b>SOC</b>	Social

##### WALK GRADING

Fitness Level	Distance	Terrain (Select 2 or 3)
<b>E</b> Easy. Suitable for beginners	<b>A</b> Less than 5 km	<b>1</b> Trail/Graded Track
<b>M</b> Moderate. Reasonable fitness required	<b>B</b> 5 to 10 km	<b>2</b> Off-track/Cross-country
<b>H</b> Hard. Fit walkers only	<b>C</b> 10 to 15 km	<b>3</b> Not pre-walked
	<b>L</b> 15 to 20 km	<b>4</b> Minor scrub
	<b>X</b> Over 20 km	<b>5</b> Medium or Heavy Vegetation
<b>Alt/s</b> is approximate change in height/s		<b>6</b> Creeks/Rock Hopping
		<b>7</b> Steep Scrambles